







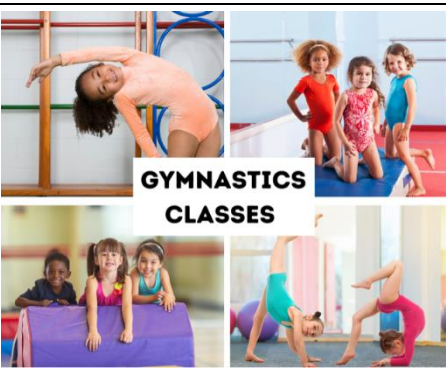






2023-2024 Class Descriptions





www.DancingCDA.com for class information & online enrollment or call 704-847-7138



| Class Name | Class Description | Age/Time/Day | Attire |
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| <p>Preschool Ballet Combo Classes</p> | <p>Preschool are amazing classes to introduce dancers to ballet & tap in a family friendly environment. The main focus of combination classes is on students having fun and enjoying dance as an everyday activity.</p> <p>*Preschool gymnastics & little hoppers "Hip Hop" dance classes as add on options for only \$49.</p> | <p>Thursday 4:30-5:15 pm</p> <p>Saturday 9-9:45 am</p> | <p>Ladies - pink tights & leotard. Pink ballet shoes, Tan U-buckle Tap Shoes (aka Mary Janes with Velcro straps if possible)</p> <p>Men - Shorts, T-shirts, black ballet shoes, black tap shoes</p> |
| <p>BALLET & GYMNASTICS COMBO</p> | <p>Combination classes are a great way for students to experience different types of dances in a short amount of instructional time. The main focus of combination classes is on students having fun and enjoying dance as an everyday activity.</p> <p>Add on hip hop class or floor gymnastics for only \$49 (regular price for the gym class is \$89).</p> | <p>Ballet, Tap, Jazz Beginner/Inter Combo Class Ages 4- 6 yrs. Sat 9:45-10:45 am Tues 4:30-5:30 pm</p> <p>Ballet, Tap, Jazz Beginner Elementary /Intermediate Ages 7-10 years Tues 5:30-6:30 pm</p> | <p>Ladies: pink tights & leotard, pink ballet Shoes Tan UBuckle Tap Shoes</p> <p>Men: shorts, t-shirt, black ballet shoes, black tap shoes</p> |
| <p>BALLET. JAZZ & TAP DANCE</p> | <p>This combination class focuses on getting students ready to transition from combination type classes to full hour classes in a specific style of dance. Ballet class will include more challenging barre exercises while emphasizing basic terminology. The tap portion of the class will concentrate on developing intricate patterns and rhythms, while the jazz portion of class will begin to develop student's flexibility and balance skills.</p> <p>Some dance experience needed</p> <p>Add on a hip-hop class or floor gymnastics for only \$49</p> <p>Turns, Leaps & Conditioning classes are great add on classes at half price. Stop by the office for details.</p> | <p>Ballet, Tap, Jazz Level 1 / 2 Combo Thurs 4:45-6:00pm Sat 9:15-10:30 am</p> <p>Ballet, Tap, Jazz Level 3 Combo Tues 6-7:30 pm</p> <p>Ballet, Tap, Jazz Level 4 Combo Thur 5:15-6:30 pm</p> <p>Ballet, Tap, Jazz, Lyrical Level 5 Thurs 6- 7:45 pm</p> | <p><u>Level 1 & 2</u> Purple leotard, pink tights. Tan tap shoes & Pink Ballet Shoes</p> <p><u>Level 3</u> Light Blue Leotard & pink tights, pink ballet shoes, tan tap shoes</p> <p><u>Level 4 & 5</u> Black oxford tap shoes, Pink Ballet Shoes, Tan Jazz Shoes</p> |

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|  <p>JUNIOR & SENIOR COMPANY CLASS</p> | <p>Junior & Senior Company Class Students within this class have demonstrated a readiness for a higher level of work and exploration. Students will explore the element of the day and work on this element through technical exercises and movement across the floor.</p> <p>Add hip hop classes, gymnastics & Turns, Leaps & Conditioning for half price. Stop by the office for details.</p> | <p>Thursday 6:45-8:45 pm</p> <p>Schedule: Ballet 6:45-7:25 pm Tap 7:25 – 8:05 pm Jazz/Lyrical 8:05-8:45pm</p> <p>Dancers in this class can audition to be a member of the Company Team</p> | <p>Ladies: Black oxford tap shoes, Pink Ballet Shoes, Black Jazz Shoes</p> <p>Men: shorts, t-shirt, black ballet shoes, black tap shoes</p> |
|  <p>Teen & Adult</p> <p><i>Ballet. Tap. Jazz</i></p> | <p>Beginner Teen & Adult - class is designed to challenge the older beginner student.</p> <p>Jazz class has a warmup, across the floor exercises, leaps, and turning with an emphasis on spotting. Combinations incorporating various styles of classical jazz movement are taught to create routines with turns, leaps and jumps. Tap is taught using heel work and alternate foot patterns and of course the basics is taught.</p> | <p>11yrs & up Tap, Jazz and Lyrical Tuesday 7:30- 8:45 pm</p> <p>Class Schedules: 7:30 – 8:15 pm Tap 8:15 -8:45 pm Jazz/ Lyrical</p> <p>*Combo class or can be taken separately</p> | <p>Ladies: form fitting dance wear. Black oxford tap shoes & Black Jazz Shoes.</p> <p>Men: Form fitting dance wear, black tap shoes & jazz shoes.</p> |
| <p>ADULT BALLET, JAZZ & TAP DANCE COMBO CLASS</p>  | <p>Older Teen & Adult dance instruction in ballet, tap, lyrical and jazz. In our adult programs, there's a place for everybody.</p> <p>*Combo classes are bundled for savings or the classes can be taken separately.</p> | <p>Tuesday 7-9:15 pm 15 yrs. and older Ballet, Tap, Jazz</p> <p>Class Schedule: Tap 7-7:45 pm Ballet 7:45 – 8:30pm Jazz/Lyrical 8:30-9:15 pm</p> <p>Thursday Ballet 6:30-7:15 pm</p> | <p>Ladies: Black oxford tap shoes, pink ballet shoes, black jazz shoes</p> <p>Men: black tap shoes, black ballet shoes, black jazz shoes</p> |
|  <p>ADULT Tap Dance Class</p> | <p>Teen through Adult Tap</p> <p>Students will focus on the fundamentals of tap technique while getting a great workout and having fun!</p> | <p>Thurs 10:45 – 11:30am (inter / advanced)</p> <p>Thurs 11:45 – 12:30 pm (beginner / inter)</p> | <p>Ladies: Comfortable clothing, yoga pants & Black oxford tap shoes</p> <p>Men: Dance attire Black tap shoes</p> |

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|  <p>Turns, Leaps & Conditioning</p> | <p>Turns, Leaps & Conditioning The class helps dancers of all levels while incorporating movements and techniques from ballet and jazz. This class will focus on increasing student's flexibility, and focus on leaps and turns. On occasion students will focus on musical theater, improv and facial expressions to assist dancers on auditions or competitions.</p> | <p>Tuesday 5- 5:45 pm (ages 5-9 yrs.)</p> <p>5:45 – 6:30 pm (ages 10 yrs. & up)</p> <p>Ballet, tap, lyrical & hip hop are also available</p> | <p>Everyone:</p> <p>Dance attire, jazz Shoes, Twylas or Turners</p> |
|  <p>HIP HOP DANCE CLASSES</p> | <p>Hip Hop Classes: These classes teach the fundamentals of hip hop movement. Stretching, isolations, rhythms, musicality, upper body strength and funky footwork will all be incorporated. Students will learn to memorize choreography by working on a combination for each class.</p> <p>Add on Floor Gymnastics for only \$49 (regular price for the gym class is \$89)</p> <p>Information on CDA CREW Hip Hop Team is located in the team section of the brochure.</p> | <p>Tuesday 5- 5:45 pm Ages 5 & up</p> <p>Thursday 4:30-5:15 pm Little Hoppers</p> <p>5:15 –6:00pm Beginner/Intermediate</p> <p>6-6:45 pm Inter middle school / high school</p> <p>Saturday 10:45-11:30 am Beg/Inter</p> | <p>Attire:</p> <p>Flexible long pants that you can dance in (no jeans)</p> <p>t-shirt (plain no writing or logos on the t-shirt)</p> <p>Sneakers</p> |
|  <p>GYMNASTICS CLASSES</p> | <p>Gymnastics / ACRO serves as a physical and conceptual prerequisite for more advanced gymnastic skills. This class helps students gain strength and flexibility while safely focusing the fundamentals of tumbling skills, balance and support, rotations, and springing and landing. Students will be moved up in class level based on skill NOT age</p> <p>Coach assessment available for placement as requested</p> | <p>Tues 5:45 -6:30 pm Beginner</p> <p>6:30- 7:15 pm Beginner / Interm</p> <p>7:15 – 8:00 pm Interm / Advanced</p> <p>Thursday 5:45 -6:30 pm Beg / Interm</p> <p>6:30-7:15 pm Beg / Inter</p> <p>7:15 -8 pm Beg / intermediate</p> | <p>Ladies: Leotard or tight-fitting attire (no loose-fitting clothes)</p> <p>Men: T-shirt & shorts (no loose-fitting clothes)</p> <p>*All hair must be pulled back in a ponytail holder for safety</p> |

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|  | <p>Mckenna's CREW offers the opportunity to dance with creative movement styles. Ballet, hip hop and jazz technique is presented to the group for fun & interactive classes.</p> <p>*Competitive teams also available</p> | <p>Tuesday 6:30-7:15 pm</p> | <p>Ladies & Men: Dance apparel with sneakers or jazz shoes</p> |
|  | <p>Sign up for a trial class today for only \$19. Interested in ballet, tap dance, hip hop, gymnastics or even an adult dance class? Register online today for the class you are interested in and we look forward to having you join us. When registering fill all the information out & then select "Trial" class before finishing the registration.</p> | <p>Trial class registration should be completed the same week of your arrival and payment will be processed on the day of class. Once a class is full – trial classes will no longer be available.</p> | <p>Excludes competition classes</p> |
|  | <p>The CDA Mini Competition Team is selected through audition and are usually 4-6.5 years old, but a dancer's age is just one factor that is considered for team placement. Ability, maturity, team composition & many other factors are also considered.</p> <p>The Mini Team is a great introduction to competition dance. Dancers will compete in a minimum of two competition dances for the season at 4 regional competitions, one national competition & recital. Technique classes must be taken at CDA. The Mini Team is a great gateway into competition, so dancers can decide if competition is something they enjoy, while also allowing time for other activities.</p> | <p>The Mini Competition Team will have their regular scheduled technique classes on select days of the week.</p> <p>On Saturdays the Mini Team will rehearse & learn choreography for their competition dances.</p> | <p>Dance attire and shoes as noted in the competition dance handbook.</p> |
|  | <p>Interested in taking your dancing to the next level? Being on a dance team is a wonderful opportunity to develop technical dance skills, while making great friends and building confidence.</p> <p>The CDA Company Team is a great introduction to competition or being on a team with a less busy schedule. Dancers compete with a minimum of two dances at 4 regional competitions, one national competition and recital (solos, duets / trios are not permitted in the Company Team level).</p> | <p>The CDA Company Team can take technique classes on Mon & Wed with the Elite classes or take company tech classes. (Training for technique classes must be taken at CDA class placement is decided by the Studio Director).</p> | <p>Dance attire and shoes as noted in the competition dance handbook.</p> |

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|  <p><i>Petite</i> COMPETITION</p> <p>TEAM</p> | <p>Petite Elite Competition Team is an invitation only team for our younger dancers to begin their competitive dance journey. Dancers are evaluated for placement during the August competition bootcamp. Petite Elites participate in 4 competitions a year, one national dance competition, recital and more.</p> <p>Auditions are a requirement for placement.</p> | <p>Petite Elite dancers will have technique training on Mon, Wed 5:30-7 pm & Saturdays for an hour, along with choreography sessions as needed. Most choreography & rehearsals will take place on Saturdays.</p> | <p>Dance attire and shoes as noted in the competition dance handbook.</p> <p>To enhance skill levels dancers can select up to 3 additional classes at \$29 per class.</p> |
|  <p>Junior Elite Competition Team</p> | <p>Junior Elite dancers CDA has been a leader in dance education for over 38 years. Our highly successful competition team members have won top awards throughout the region and across the nation! By starting with the best dance instructors, leading edge choreography, providing an amazing level of technique, and encouraging the team members to be their best, CDA has created an environment unmatched in our region.</p> <p>Auditions are required for team placement.</p> | <p>Junior Elite dancers will have technique training on Mon, Wed & Saturdays, along with choreography sessions as needed. Most choreography & rehearsals will take place on Saturdays.</p> | <p>Dance attire and shoes as noted in the competition dance handbook.</p> <p>To enhance skill levels dancers can select up to 3 additional classes at \$29 per class.</p> |
|  <p>TEEN ELITE COMPETITION TEAM</p> | <p>The Teen Elite Competition Team is a highly competitive team that competes in the styles of Jazz, Acro, Tap, Lyrical/Contemporary and Hip Hop. Being a part of this family requires commitment, dedication and most importantly a LOVE of dance!</p> <p>Interested in joining the Teen Elite competition team? Join us in the summer for class & auditions take place in August.</p> | <p>Teen Elite dancers will have technique training on Mon, Wed & Saturdays, along with choreography sessions as needed. Most choreography & rehearsals will take place on Saturdays.</p> | <p>Dance attire and shoes as noted in the competition dance handbook.</p> <p>To enhance skill levels dancers can select up to 3 additional classes at \$29 per class.</p> |
|  <p><i>Senior Elite</i></p> <p><i>Competition Team</i></p> | <p>The Senior Elite Team was founded as a competitive dance team designed for the serious dancer. These dancers are highly motivated to grow in their skill and performance ability. Those selected for the team will possess the following:</p> <p>Strong desire to grow and develop as a dancer, Self-motivated and able to self-evaluate & self-correct. Aa positive attitude, outstanding character & displays respect for the studio, instructors and other dancers at all times</p> | <p>Senior Elite dancers will have technique training on Mon, Wed & Saturdays, along with choreography sessions as needed. Most choreography & rehearsals will take place on Saturdays.</p> <p>To enhance skill levels dancers can select up to 3 additional classes at \$29 per class.</p> | <p>Dance attire and shoes as noted in the competition dance handbook.</p> |

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|  <p>A collage of photos for the Crew Hip Hop Competition Team. The top photo shows three young girls in black leather jackets. The bottom photo shows a group of dancers in black and yellow outfits. The text 'CREW HIP HOP COMPETITION TEAM' is written in white on a dark background.</p> | <p>The CDA CREW participates with a minimum of two dances at four regional competitions, one national competition, a recital and local charity event performances. Dancers interested in being a part of the CDA Crew must also be taking a CDA hip hop class.</p> | <p>CREW will take a regular schedule hip hop class and one or more hours of additional technique training on Saturday.</p> <p>Auditions are required for team placement.</p> | <p>Hip hop clothing that is age appropriate. Black sneakers or practice.</p> <p>Specific tennis shoes will be appointment after boot camp & CREW jacket required.</p> |
|  <p>A collage of photos for the CDA Elite Competition Team. The top photo shows a group of dancers on stage. The middle photo shows a group of dancers in black and white outfits. The bottom photo shows a group of dancers in black and white outfits. A circular graphic with the text 'ELITE COMPETITION Team' is overlaid on the photos.</p> | <p>The CDA Elite Competition Team offers dancers the opportunity to perform in hip hop, acro / gym, ballet, tap, contemporary, jazz, lyrical and more.</p> <p>Members of this team will participate in four regional competitions, one national dance competition, recital, and local charity performances.</p> <p>*Auditions are required</p> | <p>Petites through Senior Elite team practice on Mon, Wed & Sat on technique and to enhance performance levels, Pre-Elite, Juniors – Seniors are encouraged to take up to 3 additional classes:</p> | <p>Dance attire and shoes as noted in the competition dance handbook.</p> <p>Hip hop, floor gymnastics / arco, TLC, Junior or Senior Company \$29 per class</p> |

Online enrollment at www.DancingCDA.com under Fall schedule & the discount registration for students & families is only \$49.